# <u>Academy of Counselors' Excellence</u> Training and Internship on School Counseling

To provide schools with counselors trained to establish a comprehensive counseling department that handles the requirements of students in different school settings, in different work environments, being able to adapt to the boundaries of the school ethos, yet providing holistic and proactive services which contribute to each student's educational, vocational, social and personal development, based on developmental psychology, educational philosophy, and counseling methodology.

Dates: 12<sup>th</sup>, 13<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup> Sept, 2015 - 3 Consecutive Weekends, plus half-day session on 4<sup>th</sup> Oct,

Time: 9.30 AM to 4.30 PM (full day sessions in September) and 9.30 AM to 1.00 PM on 4<sup>th</sup> October

Eligibility Criteria: M.Sc. Counseling Psychology, M.Sc. Psychology (Degree-holders and 2<sup>nd</sup> year students), MSW. P.G. Dip in Counseling, Certified ACE candidates (only those who have completed internship).

#### **Summary of training:**

- √36 hours of class room lecture, case discussions, role-plays and presentationsuk
- ✓ 20 hours of supervised internship in a school setting

Duration of training: 6 days class room sessions with 6 hours each day (totally 36 hrs). Classroom training with mock sessions will be done for 6 days and 20 hours of internship should be completed by Feb 28<sup>th</sup> 2016 within the 4 months following the completion of class room training.

Reports should be submitted to the supervisor in the prescribed format.

Qualifying requirement: All trainees will be assessed based on a continuous and comprehensive evaluation system, under which they will be graded for their performance across various dimensions including group discussions, role-plays, activity-creation for group programs, etc.

Internship Reports will also be evaluated and must be approved the committee of experts to receive the certificate of completion.

### Fee: Rs. 10,000/- for Non-members & Rs. 8,000/- for CCF Members Pay us through Net banking/Cheque

A/C. No.: 06592011000505

Name: Chennai Counselors' Foundation Bank: Oriental Bank of Commerce Branch: T T K Road Chennai

Address: 6, Sriram Nagar, South Street, Alwarpet

IFSC Code: ORBC0100659

**Send Cheque to** 

Chennai Counselors' Foundation, Menangudi Hospital, 19/1, First Avenue, Shastri Nagar,

Adyar, Chennai-600 020.

Send the Acknowledgement PDF of NEFT to <a href="mailto:chennai.counselors@gmail.com">chennai.counselors@gmail.com</a>

For Registrations contact Ms. SharadaNair 98402 65772 / Dr. Vasuki 98407 32055/chennai.counselors@gmail.com

## Facilitators: Senior Practitioners in School Counseling and Specialized Areas Relating to School Education.

#### Curriculum

#### **Introduction to School Counseling**

- ✓ What is School Counseling
- ✓ History and Current Trends
- ✓ Models of School Counseling
- ✓ School Counseling Ethics

#### **Processes and Policies**

- ✓ Creating the Policy Framework
- ✓ Understanding the Stakeholders' Roles and Perceptions

#### **Aspects of School Counseling**

- ✓ Academic
- ✓ Behavioural
- ✓ Social
- ✓ Emotional

#### **Programs for Parents and Teachers**

- ✓ Designing and Developing Programs
- ✓ Parent Workshops
- ✓ Teacher Collaboration
- ✓ Teacher Training and Empowerment Programs

#### Skills and Challenges in School Counseling

- ✓ Internal and External Communication Skills
- ✓ Negotiation Skills
- ✓ Class Control Skills (for Group Programs)
- ✓ Overcoming Common Challenges
- ✓ Role Definition: Dos and Don'ts

#### **Personal Growth and Self-Care**

- ✓ SWOT Analysis
- ✓ Peer Counseling
- ✓ Managing Transference and Counter-transference

#### **Documentation and Reporting**

- ✓ Intake Form for Schools
- ✓ Filing System